

Farmers eligible for crop cover seed grants

One of the priorities of the White County Farm Bureau is to help farmers meet the goals of the Nutrient Loss Reduction Strategy. That plan calls for a reduction in phosphorus loss by 25 percent and nitrate loss of 15 percent by the year 2025. The eventual target is a nutrient load reduction of 45 percent.

The strategy doesn't ask farmers to reduce the fertilizer they use, but rather adopt methods to keep the fertilizer in the field where it

belongs. Use of cover crops during the winter months is one strategy to prevent soil and phosphorus runoff from our fields.

To encourage farmers in White County to use cover crops in their fields, the White County Farm Bureau is offering 10 \$200 vouchers toward the purchase of cover crop seed. The voucher is good at any farm supply retailer in White County. Only one voucher is available per farmer; the voucher covers seed cost only (no application).

The field must be located in White County, and be a minimum of 40 acres.

The applicant must be a member of the White County Farm Bureau, and not used cover crops previously on their farm. Vouchers will be awarded on a first-come basis.

Applications are available at the White County Farm Bureau office or on the organization's website at whitecfb.com.

Shooters: Register for YL Pistol Shoot

The Young Leader Committee of the White County Farm Bureau is pleased to sponsor the 6th Annual Young Leader Pistol Shoot. The event will be Saturday, July 16, 2016, at the Carmi Rifle Club in Carmi.

The event will include two age classes: an adult class, and a youth class for shooters aged 16 years and younger. Minimum age for shooters is 12 years old. Any shooter age 16 and younger must be accompanied by an adult. Registration forms can be downloaded at www.whitecfb.com.

Each shooter will be put in a drawing for a Browning Buck Mark .22 target pistol. The top shooter in each class will receive an additional five chances in the drawing; the second-place shooter in each class will receive an additional three chances; and the third-place shooter in each class will receive one additional chance.

This steel target competition will consist of five stations, five relays, with five targets at each station (minimum of 125 shots). Each round will be electronically timed. After lunch, participants will test their aim in a marksmanship competition, with accuracy being the deciding factor, not speed. Event registration begins at 8:30 a.m., with compe-

titution set to begin at 9 a.m.

Registration is \$25 per shooter if registered before July 1. After July 1, registration is \$35 per person. Registration includes lunch.

Shooters will need to furnish their own guns, ammunition, hearing protection and eye protection. Only .22-caliber pistols are allowed to be used in this competition. In order to have ammunition ready while competing, it is recommended that you bring multiple clips for your gun. Ammunition will be available for sale at our cost (no markup).

Current sponsors of the 2016 Pistol Shoot include...

HARVEST SPONSORS – Country Financial, Yesterday's Drive-In, and Farm Credit Services.

GROWING SPONSORS – Botsch & Associates CPA, Burnt Prairie Fertilizer, Citizen's National Bank, Consolidated Grain & Barge, Roark Trucking, Scates Valley Irrigation, and Wabash Valley Service Co.

If you would like to become a sponsor, please contact the White County Farm Bureau office at 382-8512. A portion of the proceeds from the 6th Annual Young Leader Pistol Shoot will be used to support the Young Leader Collegiate Scholarship program.

Join us at Aug. 10 Member Appreciation Luncheon

This summer, the White County Farm Bureau would like to say "thank you" to our members by inviting you to our annual appreciation lunch.

The appreciation lunch will be Wednesday, Aug. 10, in the Floral Hall at the White County Fairgrounds in Carmi.

The meal will include a pork chop, sides, drinks, and ice cream. The meal

will be served from 11 a.m. to 1 p.m. A silent auction to benefit the White County Ag in the Classroom will be held during the dinner.

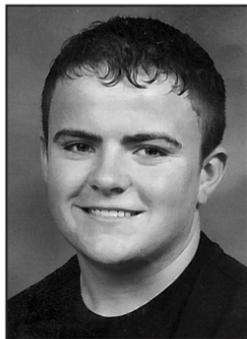
Members are encouraged to call ahead and register their attendance. Those who do so will be eligible for door prizes. To RSVP, contact the White County Farm Bureau office at 618-382-8512.

Miners to celebrate farmers on Aug. 5

Mark your calendars and plan a family outing for Farmer Appreciation Night on Friday, Aug. 5, at Rent One Park in Marion; the Southern Illinois Miners will take on the Joliet Slammers. Gates open at 6 p.m., with a game time of 7:05 p.m.

County Farm Bureaus involved with the Southern Illinois Regional Advertising Group and the Illinois Farm Bureau are sponsoring Farmer Appreciation Night. Game tickets will be available for purchase at the White County Farm Bureau office.

More information on the Southern Illinois Miners can be found at www.southernillinoisminers.com.



Trenton Black

Black gets scholarship

Trenton Black of Carmi was the recipient of the 2016 White County Farm Bureau Young Leader Collegiate Scholarship. The \$500 scholarship award was given in recognition of Black's outstanding high school academics, extracurricular activities and leadership potential. Black plans on attending the University of Illinois in Urbana in the fall.

The Young Leader Committee, through

the support of community involvement in their summertime Pistol Shoot has been able to raise funds to support this annual scholarship program. The Young Leader Committee has awarded \$8,250 to students residing in White County since 2006.

For more information about the Young Leader program, go to www.whitecfb.com/youngleaders.html.



New Science Center GROW exhibit opens

We are pleased to announce the grand opening of the new Saint Louis Science Center GROW exhibit will be Saturday, June 18. GROW is a 50,000-square-foot, one-of-a-kind permanent indoor/outdoor exhibit dedicated to the experience of the journey of our food supply from farm to table. This immersive and hands-on destination will show visitors the role that each of us plays in the stewardship of our food supply. The new permanent exhibit will inspire the next generation of farmers, scientists, engineers and agricultural professionals.

This unique exhibit features a large number of new attractions, including the Bi-State Ag Map, which features photos and videos of farm families from dozens of counties around Illinois. Other features include Grow Pavilion, Water Works, Botany Basics, Animal Corral, Farm Tech Field, Greenhouse, Fermentation Station, and Homegrown.

The \$7.3 million one-acre exhibit greatly extends the Science Center footprint, and incorporates a permanent outdoor learning space with interactive exhibits and activities, in addition to permanent classrooms housed in a pavilion designed by globally renowned architect Gyo Obata. The GROW exhibit is the first major addition of a permanent exhibit by the Science Center since 1991, when the main building of the facility was built.

78 county Farm Bureaus, including Edwards, Gallatin, Lawrence, Richland, Wabash, Wayne and White counties, as well as 32 individuals in Illinois, financially supported the exhibit.

The Saint Louis Science Center is at 5050 Oakland Ave. in St. Louis. Learn more about the GROW exhibit at <http://slscgrow.squarespace.com>.

Are you at risk for a stroke?

Life Line Screening can provide answer

Life Line Screening will offer five health screenings using non-invasive ultrasound to assess your risk for stroke and vascular disease from on Monday, July 18, 2016 at the White County Farm Bureau.

Five screenings will be offered which scan for potential health problems related to blocked arteries which are a leading cause of stroke; abdominal aortic aneurysms which can lead to a ruptured aorta; hardening of the arteries in the legs which are a strong predictor of heart disease; atrial fibrillation or irregular heart beat which is closely tied to stroke risk; and a bone density screening used to assess the risk of osteoporosis.

Life Line Screening uses painless ultrasound to see the plaque build-up in your arteries, which is a leading cause of stroke. According to the National Stroke Association, 80 percent of strokes can be prevented. Each test takes approximately 10 minutes.

Anyone interested in the screenings must register at least 24 hours in advance, although early registration is suggested. Call 888-653-6450 to schedule an appointment.

Members of the Farm Bureau can receive all 5 screenings for \$139, a savings of \$10 off the regular price.

For more information on Life Line Screening go to www.lifelinescreening.com/community-partners.

Be sure to keep good irrigation records

Beginning in 2015, farmers who own a high-capacity water well were required to maintain records of their water usage, and report them to the Illinois State Water Survey. A high-capacity well is one that is rated at 100,000 gallons per day or more (or 70 gallons per minute). The requirement applies to both surface and sub-surface water pumps.

As part of the law, agricultural irrigators can "aggregate" their data through a unit of local government. By aggregating,

farmers can achieve a limited level of anonymity on their usage. The water survey likely already has the location of your well, the owner of the well, when it was drilled and who drilled it.

Some farmers may be inclined not to report their data. According to the Illinois Farm Bureau, if the ISWS sees this happening, they will likely ask the state legislature to put some "teeth" in the law to compel farmers to

report. Farm Bureau advises farmers against pushing ISWS to the point of encouraging a new penalty for non-compliance.

After the 2016 harvest, the White County Farm Bureau will host a meeting where farmers can aggregate their usage with other irrigators in their reporting zone.

Record-keeping forms are available at www.sws.uiuc.edu/gws/iwip/irrigation/.